# Causal discovery

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### Overview

- Causal discovery:
  - what is it?
  - why is it important? (statistically and socially)
  - why we all should be more aware?
- Tools: randomized experiments
- Tools: non-randomized experiments
  - classical: propensity scores, instrumental variables
  - newer: machine learning approaches
- Advantages and limitations

- Classical machine learning is correlation based
- We make predictions based on observed values of other variables
- Such prediction is not always useful
  - does not explain the underlying mechanism
  - the model will not help us take appropriate action

### Correlation based models – simple example

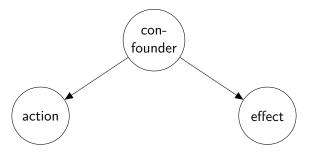
• Shoe size is a good predictor of mathematical abilities in children

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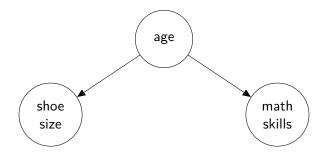
The example is comical but illustrates the point:

- we can use the model for prediction
- we can not use it to act:
  - giving children larger shoes will not improve math skills
- Correlation is a result of a confounding variable: age

• The main reason for lack of causal meaning are confounders



• They introduce correlations which we confuse with causal relations



- Confounder: age
- If we look only at 6-graders correlation disappears

• Main source of COVID data in Poland is *Baza Analiz* Systemowych i Wdrożeniowych

https://basiw.mz.gov.pl/index.html#
/visualization?id=3761

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- The database is used to study vaccine effectiveness
- Used by both sides of the debate



Wśród wszystkich zgonów osób zakażonych
 #koronawirus 12,37% stanowiły osoby zaszczepione.
 Zgony nie są związane ze szczepieniem.

\*Zgony osób zakażonych #koronawirus po upływie 14 dni od pełnego zaszczepienia.



https://mobile.twitter.com/MZ\_GOV\_PL/status/ 1487078020322152450



Rozpoczynamy kolejną falę *#covid* w Polsce, więc to dobry moment, żeby podsumować poprzednią (IV).

Przedstawiam analizę zgonów #covid od 1.10.2021-17.01.2022, wraz z uproszczoną symulacją ile osób zmarłoby gdyby nikt nie był zaszczepiony, a ile gdyby byli wszyscy dorośli.



https://mobile.twitter.com/alutk\_a/status/ 1484471204907999232



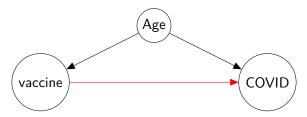
Osoby NIEZASZCZEPIONE, tj. takie, które nie przyjęły żadnej dawki 💉 , stanowią MNIEJ niż 39% zakażonych w KAŻDEJ grupie wiekowej w PL w dn. 10-16.01.2022r.

Czyli powyżej 60% zakażeń dotyczy osób, które przyjęły przynajmniej jedną dawkę 💉 #StopSegregacjiSanitarnej #StopS

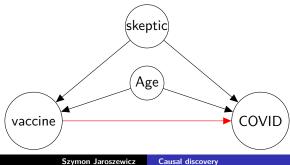
https://twitter.com/AnnaSiarkowska/status/ 1484170230448414724

- Public debate is based on correlation-type analysis
- But causal conclusions are implicitly made
  - vaccine will cause higher resistance to COVID
  - estimates of effectiveness
- Can we really make such conclusions?
- Let's look at possible confounders

• Age (most analyses take it into account)

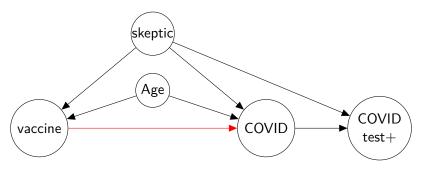


- Attitude towards COVID
- Skeptics
  - don't wear face-masks
  - meet people as usual
  - don't vaccinate
- Believers
  - wear face-masks
  - isolate
  - vaccinate
- Hard to measure



- rural/city location (access to vaccines)
- prior disease
- ...

- More problems: we only observe test results
- If a person does not get tested, we assume no COVID



# Confounders

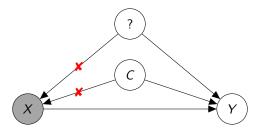
- Difference between correlation and causation seems obvious
- ... but most people forget about it
- Public discussion ignores it almost completely
- But it is very important
  - are COVID vaccines effective after all?
  - how effective they really are?
- How to make our discoveries causal?
  - old school: no causation without experimentation
  - newer discoveries: we can sometimes discover casual relationships from observational data

# Randomized trials

- Assign subjects randomly to either
  - Treatment group
  - Control group

### Randomized trials

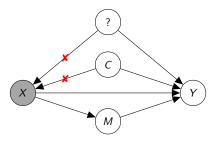
- In many cases the only way to guarantee the discovery is causal
- Assigning treatment at random
  - cuts influence of all confounders
  - removes effect of unobserved and even unknown confounders
- Not many additional assumptions needed but care should still be taken



- Known for years in medicine
- Now popular in marketing / advertising
  - control groups commonly to assess effectiveness
  - $\bullet~A/B$  testing
- Problems:
  - mediators
  - noncompliance
  - ethics
  - cost

### Randomized trials – problems

- Placebo effect
- Doctor's bias when examining the outcome
- Unwanted mediator!



• Solution: doubly blind trial

#### Randomized trials – noncompliance

- Exposure: has the subject really been subjected to the action (exposed)
- Example: a patient may be to sick to receive the assigned treatment, gets no treatment
- Should he/she be moved to the control group?

- Exposure: has the subject really been subjected to the action (exposed)
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- NO!: very sick patients would be removed from treatment and added to control group

#### Intention to treat

The treatment assigned is considered the true treatment

- Is it ethical to convince a random group of people to smoke?
- A real study of cardiac stent:
  - all patients get inserted the catheter (treatment and control)
  - only treatment cases get the stent
- Is it ethical?

# Non-randomized trials

# Non-random (biased) treatment assignment

- Randomized trials may be
  - costly
  - unethical
  - unavailable
- But plenty of observational data available: e.g. patient records
- Causal discovery with biased treatment assignment is very popular now
  - online advertising
  - marketing
  - medicine

# Non-random (biased) treatment assignment

#### Problem

- Lack of randomization means backdoor paths are not closed
- Need another mechanism to achieve causal discovery
- Need additional untestable assumptions
- Many approaches available
- Classical
  - matching
  - propensity scores (most popular)
  - instrumental variables
- New
  - neural architectures
  - GANs
  - latent variable models

#### The potential outcomes framework

- Neyman (1923), Rubin
- Every case
  - received a treatment  $(t_i = 1)$
  - was a control  $(t_i = 0)$
- For every case x<sub>i</sub> we have two potential outcomes

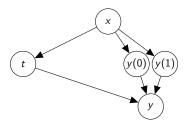
$$y_i(0)$$
 and  $y_i(1)$ 

- 1: treatment, 0:control
- Every case has an observed outcome y<sub>i</sub>

$$y_i = egin{cases} y_i(0) & ext{if } t_i = 0 \ y_i(1) & ext{if } t_i = 1 \end{cases}$$

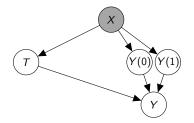
### The potential outcomes framework

- Variables x<sub>i</sub>
  - are all pre-treatment variables
  - change the potential outcomes  $y_i(0), y_i(1)$
  - affect how treatment is selected (confounders)



- Idea: close all confounding paths through x<sub>i</sub>
- Need additional assumptions

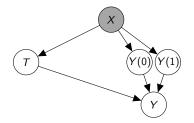
# Strong ignorability



#### Strong ignorability

#### $(Y(0), Y(1)) \perp T | \mathbf{X}|$

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#### Strong ignorability

# $(Y(0),Y(1))\perp T|\mathbf{X}$

• Assume all confounding paths pass through X

• Assumption: no unmeasured confounders

# Strong ignorability

- Cannot be verified from data
- In practice often hard to satisfy
- Example (not satisfied):
  - medical treatment based on doctor's decision
  - e.g. unknown genetic factors influencing condition and treatment outcome
- Example (satisfied):
  - online ads shown based on a model (model's outcome is fully understood)
  - medical treatment given based on strict recommendations
- Can't condition on all available variables (colliders)

• Need a second assumption



#### Treatment and control groups need to overlap

#### Inverse propensity score weighting

- Most popular method
- Propensity score

$$e_i = P(t_i = 1 | x_i)$$

- Inverse propensity score weighting IPTW
- *i*-th data record gets a weight

$$\frac{1}{P(t_i|x_i)} = \begin{cases} \frac{1}{e_i} & \text{if } t_i = 1\\ \frac{1}{1-e_i} & \text{if } t_i = 0 \end{cases}$$

- Properties:
  - removes bias: expectation is the same as if no confounding was used
  - problem: increased variance

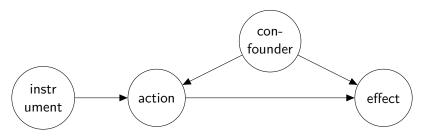
- Simplest method, historically first
- Idea: for every treatment case find a most similar control case and pair them

# Matching

- Simplest method, historically first
- Idea: for every treatment case find a most similar control case and pair them
- Covid vaccine case could match on
  - age
     region
     town
  - gender
- Advantage: simple, implementations available
- Disadvantage: hard to match on many variables

## Instrumental variables

- Instrumental variable:
  - influences treatment
  - independent from confounders



- Two stage estimation:
  - **(**) estimate surrogate action  $\hat{t}$  based on instrument
  - 2 build model of effect using  $\hat{t}$  as predictor

### Instrumental variables

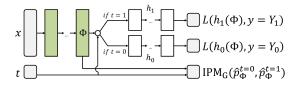
#### • Example:

- a complex medical treatment
- instrument: living close to a big hospital
- Justification:
  - choice of place to live rarely affected by nearby hospitals
  - living close to a hospital increases chance of receiving the treatment
- An instrument might not exist
- An instrument needs to be justified

- Suppose we want to assess the effect of passing an exam on future earnings
- Randomized experiment not possible
- Pass exam  $\Leftrightarrow$  points > threshold
- Assume: small variations in # points are random
- Groups:
  - Treatment: just above threshold
  - Control: just below threshold

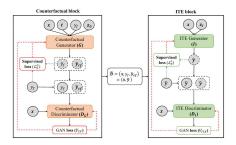
- Deep learning is very popular now
- Several deep learning approaches to causal discovery have been proposed
  - representation learning
  - using GANs to generate counterfactual responses

## Representation learning



(source: Shalit, Johannson)

- Bottom layers compute representation  $\Phi$
- Representation is learned such that it has the same distribution in treatment and control groups
- Additional loss term is used for that
- The representation is then used to build a double model



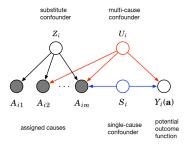
(source: Yoon, Jordon, van der Schaar)

- Try to generate coutnerfactual outcomes using a Generative Adversarial Network
  - Discriminator tries to distinguish true from simulated outcome
- We have both potential outcomes  $y_i(0)$  and  $y_i(1)$ : can predict  $y_i(1) y_i(1)$
- My worry: how do we know the GAN really converged? (generalization)

- Hard to determine if predictions are really causal
- E.g. has the GAN converged sufficiently?
- No unmeasured confounders still necessary

# Models discovering hidden confounders

#### • Wang, Blei. The Blessings of Multiple Causes, 2019



#### source: Wang, Blei, 2019

- allows for detecting hidden confounders when multiple causes are present
- assumptions
  - no single cause confounders
  - 2 substitute Z needs to be perfect

• CEVAE: use an autoencoder to construct ersatz latent causes

- So, what do we have?
- Randomized trials
  - can guarantee causality, often only way to really convince
  - cost, ethics problems
- Causal discovery methods
  - need additional assumptions
  - $\bullet\,$  often easily defeatable  $\Rightarrow\,$  not entirely convincing

- Care about finding the truth
- Learn to do randomized trials cheaper/faster
  - adaptive designs
  - randomized instrumental variables: e.g. send randomized incentives to vaccinate
- Carefully choose a method for observational data